

Little Lions Therapy

Helping your child learn new skills, develop independence and build confidence.



Group Information Sheet

Please read all of the below information before completion of your registration form. If you have any further questions, please contact us at littlelionstherapy@gmail.com or via our Facebook page: [Little Lions Therapy](#)

Little Lions Therapy Group Summary

At Little Lions Therapy group sessions, we aim to promote gross and fine motor skills, coordination, balance, ball skills, strength, self-care skills and confidence.

Each week your child will participate in a range of activities within the following categories.

- Sensory circuit (Approx. 15mins)
- Fine motor & self-care skills (Approx. 20mins)
- Gross motor skills (Approx. 20mins)

The group is run by two Registered Paediatric Occupational Therapists who are experienced in working with and providing therapy to children of all ages and abilities. On Occasion, Volunteers may also be present and assisting at the therapy group (see volunteer policy for details). Children will be allocated to a group based on their age.

Our ratio for the weekly sessions is 1 therapist to a maximum of 5 children. There can be a maximum of 10 children per group.

If you feel your child requires more adult support than this, please contact us to discuss prior to your child starting the group.

We aim to promote independence through this group session and therefore ask that parents do not sit in on the group sessions. Although we do not document therapy notes on your child's participation in the group session we are more than happy to give you feedback after the session.

The group is run in 6 week cycles. Once your child is registered and offered a place on the group, you will be given the opportunity to book them into the next 6 week cycle before the space is offered to the next person on the waiting list.

Please see our website for access to all of Little Lions Therapy's policies.

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When & Where

The group takes place at **Shantallow Community Centre on Saturday mornings in 6 week blocks:**

P1-P3 group: 10.00am-11.00am

P4-P7 group: 11.10am-12.10pm

Cost & Payment Details

Our sessions cost £100 per child, per block.

Your fee is non-refundable for any reason. Sessions cannot be postponed or transferred to another group.

COVID

Little Lions Therapy will follow government guidelines in relation to the running of the group. Therapists will wear masks at each session and adhere to hand hygiene. If you have any COVID symptoms, or someone in your household has symptoms or is waiting on a COVID test result, please do not bring your child to the group session.